

**festival  
in Motion**  
ALONG THE WALNUT CREEK GREENWAY

**Four Greenway Locations.**  
**ONE FULL DAY OF FUN.**

Lots of family-friendly FREE activities so you can explore urban Raleigh's natural wonder.

**URBAN  
WETLAND 5k**



**SATURDAY, SEPTEMBER 29, 8AM-4PM**

Walnut Creek Wetland Center > Eliza Pool Park > Lake Johnson Park > Ralph Campbell Center  
(919) 996-3285 > [www.festivalinmotion.com](http://www.festivalinmotion.com)



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# Explore Raleigh's Natural Wonder

Four Greenway Locations. One Full Day of FREE Family Fun.  
Saturday, September 29, 2012, 8am-4pm

Enjoy a full day of family fun and fitness for all ages at four parks along the Walnut Creek Greenway. Have fun exploring nature near downtown Raleigh and join us for live music, food trucks and activities for the whole family.

New this year, we've added the Urban Wetland 5K. Start at the Walnut Creek Wetland Center for a refreshing nature run through the woods just south of downtown along the Walnut Creek Greenway. The natural beauty of your city is just waiting to be discovered. Traffic-free and the most picturesque run/walk you'll take this year. Registration is now open at [www.runnc.com](http://www.runnc.com).



## Activities at Four Greenway Locations

### URBAN WETLAND 5k

Located at the Walnut Creek Wetland Center

DAY-OF REGISTRATION: 12:30pm

Kids' 100-Yard Dash: 1:30pm  
(For Kids 8 and under)

Urban Wetland 5K start: 2pm

**REGISTER NOW** for Raleigh's original nature run, the Urban Wetland 5K. Join us for the greenest off-road race in the Triangle. Bring the kids for our 100-Yard Dash!

### WALNUT CREEK WETLAND CENTER

> 11am to 3pm

950 Peterson Street Raleigh, NC 27610

#### SCAVENGER HUNT, CONTEST, MUSIC, FOOD & FITNESS FUN

The party's hoppin' midday into the afternoon. Join us for a wetland scavenger hunt. We'll have live music and your favorite food trucks. As the decorated bike parade ends, we'll gear up for the greenest urban road race in the Triangle!

**REGISTER FOR THE URBAN WETLAND 5K: [WWW.RUNNC.COM](http://WWW.RUNNC.COM)  
OR [WWW.FESTIVALINMOTION.COM](http://WWW.FESTIVALINMOTION.COM)**



### Lake Johnson Park > 8am to 10:30am

Athens Drive High School Stadium

#### MONSTER WEED WRANGLING

Join Friends of Lake Johnson and the Athens Drive Jaguar Club to prep the site for a future nature education center. Refreshments and prizes.

### Eliza Pool Park > 11am to 1pm

1600 Fayetteville Street, Raleigh, NC 27603

#### SOCCER CLINIC AND DECORATED BIKE PARADE

The fun starts here with activities for all ages. Be part of a rigorous youth soccer clinic. Come for the bike decorating contest and parade. Have fun creating a wetland creature on wheels or let your imagination run wild. Prizes for most creative. Then parade along the Greenway to the Walnut Creek Wetland Center with a Raleigh Police escort. We'll have lots of supplies for decorating, plus live music and food.

### Ralph Campbell Center > 12pm to 4pm

Apollo Heights Park  
756 Lunar Drive  
Raleigh, NC 27610

Bring your family and friends for a fun-filled community event that's perfect for all ages.

### Festival in Motion Mission:

Our goal is to get local residents out moving and enjoying Raleigh's natural wonders. We celebrate the rich community history along the path of the Walnut Creek Greenway. We work to protect and enhance opportunities for all people to enjoy its unique natural and cultural offerings.

The Festival in Motion was founded and is supported by the Triangle Greenways Council, Friends of Lake Johnson, Partners for Environmental Justice, and the Raleigh Parks and Recreation Department. We thank our generous sponsors.

#### FOR MORE INFORMATION

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### Sponsors

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